

Tinsley Tribune

newsletter of Tinsley Forum

October 2008

Our aim is to improve the quality of life for all the people of Tinsley

As Fuel price rises hit double figures, what can you do to keep warm this winter?

Fuel Poverty and Affordable Warmth in Sheffield

What is Fuel poverty?

A household is in 'fuel poverty' if they need to spend at least 10% of their total household income on fuel to keep their home adequately warm. Sheffield City Council works with other agencies throughout the city to promote awareness of fuel poverty and affordable warmth.

The Council's Sustainable Housing & Affordable Warmth (SHAW) team offers support to people living in privately owned and privately rented housing, particularly in vulnerable households, so that they can lift themselves out of fuel poverty. It achieves this by providing referrals to grants and discount schemes to improve heating, insulation and draught proofing in the home and by providing information and advice on a range of topics from energy efficiency to reducing fuel bills.

Warm Front Grants

If you are a homeowner or you rent from a private landlord, and you are in receipt of a qualifying benefit you could receive a grant of up to £2,700 for insulation and heating improvements from Warm Front.

Warm Front is a government-funded scheme, managed by EAGA Partnerships, which provides grants to make your home warmer, healthier and more efficient.

Free loft and cavity wall insulation for people over 70!

Home-owners and private tenants aged 70 or over are eligible to receive free insulation if their house requires it.

Discount insulation for home-owners and private tenants

Even if you receive no benefits and are under 70 there are schemes which offer to install roof and cavity wall insulation at significantly reduced cost.

How energy efficient is your home?

Loft insulation
Fit loft insulation and save £180 - £220 and around 1.5 tonnes of CO2 pa

Hot water tank
Fit an insulating jacket around the hot water tank and save £20 and 150kg of CO2 pa

Thermostat
Turn down the thermostat by 1°C and save £50 and around 300kg of CO2 pa

Shower
Have a shower instead of a bath and use two thirds less water and energy

Boiler
Upgrade to a condensing boiler and save 1/3 on your heating bills and 1 tonne of CO2 pa

ESR fridge freezer
Upgrade to an ESR fridge freezer and save up to £45 and 180kg CO2 pa

Washing
Wash clothes at 40 degrees rather than 60 and use a third less electricity, and so produce a third less CO2

Energy saving lightbulb
One energy saving lightbulb will save £9 and around 40kg of CO2 pa

Cavity wall insulation
Insulate cavity walls and save £130 - £160 and around 1 tonne of CO2 pa

Draught proofing
Draught proof windows and doors and save £20 and around 140kg of CO2

Appliances
Turn TVs and other appliances off standby when not in use

Fill gaps in floors
Fill in gaps in floors and skirting boards and save £10 - £20 and around 120kg of CO2 pa

26% Loft
26% of heat lost from an uninsulated home is through the roof. Fitting sufficient loft insulation is one of the easiest and most cost effective ways of saving energy and money.

18% Windows
Nearly a fifth of heat lost from an uninsulated home can be through windows. Double glazing windows can save £80 - £100 and 680kg of CO2 pa.

33% Walls
Walls leak more heat than any other part of the home - around a third in an uninsulated home. If your home has cavity walls, insulating them is the best way you can save energy and money.

11% Doors and Floors
Gaps around doors and floors account for around 11% of heat loss in an uninsulated home. Sealing up gaps will stop heat escaping.

ESR
The Energy Saving Recommended (ESR) logo appears on goods that will cost you less to run than older, energy guzzling ones.

KEY
Grants and advice available through EST (blue box)
No-cost or low-cost (green box)



Arrangements for Council tenants and housing association tenants are different, and energy efficiency improvements may be carried out as part of major works programmes. Those interested in energy efficiency measures should contact their usual housing office.

Find out more about these grants and discounts, and all aspects of affordable warmth from Sheffield City Council's Sustainable Housing & Affordable Warmth (SHAW) team on Tel 0114 2736294, email them at shawteam@sheffield.gov.uk, or see www.sheffield.gov.uk/greenhomes.

we aim to deliver to every household in Tinsley

Tinsley Fun Day is real hot stuff!

On Thursday 21st August 2008, Tinsley Green was filled with friends, families and loads of fun at this year's Tinsley Fun Day.

Throughout the day, residents of all ages enjoyed all kinds of activities, including music, crafts, rides, stalls, poetry, street sports, clowns, DJ workshops, and face-painting...to name but a few!

People had the chance to try African drumming and, after practising really hard, one group of children did a brilliant performance in front of crowds at the end of the day. There was also a great street dance performance by some local young people and beautiful banners decorated the park, made by local children the week before the event.

On the park, animals from Graves Park and all kinds of birds of prey relaxed in the sunshine for everyone to see. And then we all had to hold on to our hats as the birds were flown around in an impressive falconry display.

People also had the chance to get healthy and enjoy delicious fruit kebabs, as well as pamper themselves with nail art, henna and Indian head massage. These were a really big hit, with queues out of the door all day!



Things really heated up at the end of the day when crowds were amazed by a spectacular fire-breathing show. And with music and laughter all around the park, it really was a very fun day!

Around 400 people attended and everyone said they had a great time, with many people already asking when the next fun day will be. Congratulations to everyone who won the raffle and to Daniel who won the 'Guess the Sweets' competition. We hope you enjoy your prizes!

Tinsley Forum would like to thank all the organisations who helped them put on this year's fun day, including Sure Start, Activity

Sheffield, Tinsley Parent's & Children's Consortium, Tinsley Green, the PCT, Sheffield Futures, South Yorkshire Fire & Rescue, South Yorkshire Police, Sheffield Homes and the Tinsley Over-60s Club.

We would also like to thank the Darnall Area Panel, the AMD 0-19s Service District, Eon, Sheffield Arena, Sheffield United, Lush, Morrisons, Magna, Marks and Spencers, Blackpool Pleasure Beach and Veolia for their kind donations towards this event.

And a special thank you to all the volunteers who helped to make it such a brilliant day. Thank you. We couldn't have done it without you!

Tinsley in Bloom for a Greener Tinsley

Tinsley Tree Project, working in partnership with Tinsley Forum, the City Council's Darnall Area Panel and Sheffield Homes, has been working to improve the local environment as part of Tinsley in Bloom.

The City Council's Darnall Area Panel agreed earlier in the year that they would use some of their funding for the Tinsley in Bloom project. Tinsley Tree Project assisted by Tinsley Forum are to use this funding for new low maintenance shrub beds that would improve upon the unkempt shrub beds on Harrowden Road, Ingfield Avenue and St Lawrence Road.

We have recently commenced work on improving these beds and on the creation of new shrub beds at the pedestrian entranceways to Tinsley Green.

Low maintenance schemes will be implemented in all cases and a range of flowering perennials and shrubs will be planted to bring fragrant colour to the area. Sheffield Homes have offered to undertake future maintenance on the sites and we hope that they will benefit



the area many years into the future. Tinsley Tree Project is currently seeking further funds to enable other improvements to take place and further tree planting schemes will take place over the coming months. If you are interested in getting involved with Tinsley in Bloom, whether you would like to work with us on the planting of the shrubs or trees in Tinsley or would like to be involved with planning for Tinsley in Bloom, please contact Rodney on 0114 236 3500 or Tinsley Forum on 0114 244 4887.

Cooling Towers T Shirts Only £10



Top Quality T Shirts Men's and women's fittings in black grey and White Call in at Tinsley One Stop Shop 120 126 Bawtry Road, Tinsley or Ring 0114 2444887

Tinsley Tribune, Tinsley, Tinsley One Stop Shop, 120-126 Bawtry Rd Tinsley, S9 1UE phone Neil Parry on 0114 2859911. The views of contributors are not necessarily the views of Tinsley Forum or East End Quality of Life Initiative

Tinsley Community Forestry

Tinsley Community Forestry is about developing the urban forest. It aims to create a healthier, more attractive Tinsley by involving local residents in planning, planting and tending the trees.

Trees are vital to our community because they:

absorb noise and air pollution

filter dust and produce oxygen

attract birds and wildlife

reduce wind speed, provide shelter and reduce air turbulence

help to reduce heating and cooling costs

tackle flooding by taking up surface water
increase the value of property by between 2% and 18%

Are Health And Wellbeing enhancing

In conjunction with Sheffield Homes and Tinsley In Bloom we hope to undertake the following tree planting:

Harrowden Road

3 Japanese Cherries (*Prunus Shimidsu Sakura*) in the garden at the front of the flats. These are an outstanding small cherry with pink buds and large white petals.

St Lawrence Road

2 beautiful *Amelanchier Arborea Robin Hill* trees will be planted outside the flats at the top of St Lawrence Road. A further 3 *Acer Campester Elsrijk*, a cultivar of the field maple, will be planted across the road screening off the electricity sub-station and replacing the dead trees which have been removed.

Fond farewells

We have bid a fond farewell to Laura Selby and Roy Glease from the Tinsley Forum this month. Laura who was the youth worker has left for pastures new and is working in Leeds, in Youth work, she has fond memories of working in Tinsley, and was sad to leave. Adele Ward is still supporting 13-19's and Arshad Hussain is covering until the post is filled. Roy has retired and is looking forward to a well earned break. Tinsley Forum wishes them both success in the future and to say a BIG thank you in all the fantastic work and positive input in Tinsley since they have been in post. I am sure they will be sorely missed. Good bye and good luck!!



Tree planting on Tinsley Green earlier in the year

Ingfield Avenue

Again complementing a flowerbed being renovated by Tinsley In Bloom, we aim to plant a further *Amelanchier Arborea Robin Hill* on the corner providing a beautiful landscaped feature to brighten up the coldest day!

Bawtry Road

Planting space on Bawtry Road is severely limited by the presence of underground utilities but along with keen residents, and help from Streetforce we hope to plant some vital oxygen-giving trees to combat the effects of traffic pollution.

Tinsley Green

Following the success of last years' planting in conjunction with Tinsley Forum and Wates, we are planning to plant a further avenue of trees along the central pathway.

Trees for Free...

Tinsley Community Forestry is offering Fruit Trees for Free this season for residents interested in growing food at home. Please note Tinsley Trees for Free is only available to residents of Tinsley. These activities are open to all. Please contact Leonie Kapadia, Community Forester on 0114 2736199 or Leonie.Kapadia@Sheffield.gov.uk

Possible Tinsley project to save energy in solid wall housing.

Tinsley Forum working with the City Council and E.ON are exploring the possibilities of bidding into the Governments Green Neighbourhood Initiative. This could mean working with residents whose homes have solid walls to improve their energy efficiency and cut those fuel bills. If you are interested in this idea and want further information please ring Neil Parry on 0114 2859911 or email neil@sheffieldct.co.uk

Harold Eyre, Friend of Tinsley



Members of Harold Eyre's family plant a memorial cedar tree next to the memorial bench in Tinsley Green. In recognition of Harold's sterling work for Tinsley Tree Project and Tinsley Forum

Changes at Tinsley Forum

Anne Saleh who was the Community Development Worker for the Tinsley Forum has changed jobs, Anne is still working for the Forum but in a different role. Anyone who is seeking work, training/volunteer opportunities, are unemployed, on job seekers allowance and over 19 pop in and see Anne for support and she can refer you onto a local keyworker who will assist you onto your goals or call 2444887 (Tinsley) or 2490099 (Darnall). The views and welfare of Tinsley residents are still highly important to the forum and we strive to continue supporting the community, if you have any concerns or issues please contact Alan Barrow (manager) at the Tinsley Forum on 2444887 for assistance.



Over 50's Lunch Club

Are you over 50 and
do you live in the Tinsley/Darnall area of
Sheffield?

Then why not come and join
our Lunch Club?

Every Wednesday — food served at
12pm.....

You will get—
Curry, Rice, Pakoras , Chutneys, Fruit
And all for only £1.00!!

Come along, meet new friends and find out what's
happening in your community!

At Tinsley Green Café, 34a Norborough Rd, Tinsley
(in the park)



Tinsley Social Prescribing Scheme

The Tinsley Social Prescribing Scheme is a new service where we hope to work alongside the GP's based in Tinsley. Local people who visit their local GP's or other health professionals will be able to benefit from a non-medical community based sign-posting service. This could include:

- gardening on the Tinsley allotment
- joining a local walking group or light exercise class
- taking up a new learning opportunity becoming a volunteer

Becoming more involved in community and making new friends has been shown to make a significant difference to people's health. If you would like more information on the Tinsley Social Prescribing Scheme, please contact Martin Poole at Tinsley Forum on: 0114 2444 887

Clive Betts MP Advice Surgeries

First Saturday Monthly—Darnall Library

Third Saturday Monthly—Crystal Peaks Library

9:30 — 11:00am

Please call the number below for an appointment.

Email: bettsc@parliament.uk

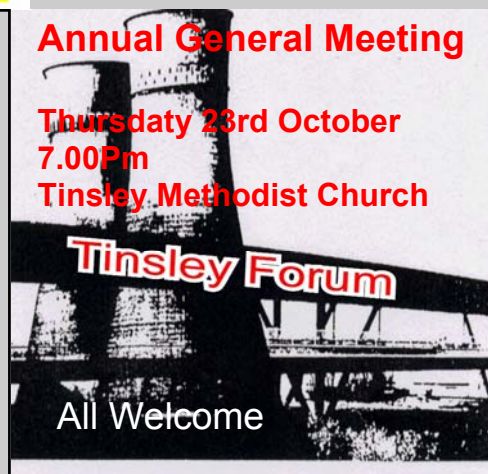
Telephone: 0114 273 4444

Address: 2nd Floor, Barkers Pool House, Burgess Street,
Sheffield S1 2HF
www.clivebetts.com

Annual General Meeting

Thursday 23rd October
7.00Pm

Tinsley Methodist Church



All Welcome

Praise or Grumble

This is your opportunity to let us know if you have anything you wish to tell the Forum. Please fill in the slip below if you wish to inform us about:

- Complain, (local rubbish collection, nuisance neighbours, traffic etc)
- To report an incident anonymously (racial abuse, concerns about car/house/ street crime)
- To praise or congratulate (Awards/successful funding bids, positive community involvement).
- General comments

Name (optional).....

Address (optional).....

Comments

Please drop your slip at the Tinsley Forum. Or post to Tinsley Forum 120 – 126 Bawtry Road, Tinsley, Sheffield, S9 1UE

Or if you wish to put an article in the next Tinsley Tribune please contact Anne Saleh at the Tinsley Forum. **All comments will be kept confidential and passed on to the relevant services if necessary.**